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Skills Identification Resource Guide Some Self-Assessment Tools Guide to get you started...

http://www.deed.state.mn.us/cjs/cjsbook/skills.htm

The Minnesota Department of Employment and Economic Development website assists individuals with identifying their job skills as well as resume writing and job hunting skills.

http://careerplanning.about.com/od/selfassessment/

This website offers a variety of resources for self-skills assessment, including further reading materials and skill reviews.

http://www.ctdol.state.ct.us/progsupt/jobsrvce/tpsonjob.htm

Included in this website are tips on job hunting and assistance on identifying specific skills/skill words to include in your resume.

http://illinois-skills-match.com/

This is a website provided by the State of Illinois for matching job skills.

http://www.jobhuntersbible.com/counseling/

Part of the What Color is Your Parachute website, this page includes informative job information as well as an interactive test to take about skills interest.

www.iseek.org

Minnesota based gateway to careers, employment, education and business growth.